

# HIGHLAND COLLEGE - 2010 VOLLEYBALL CAMPS

## SESSION 1: Girls entering 5<sup>th</sup> – 6<sup>th</sup> Grade

**Date: July 19-22 (Monday-Thursday) Time: 1:00-3:00 p.m.**  
**(\$50/Camper)**

The 5<sup>th</sup> – 6<sup>th</sup> Grade Volleyball Camp has been designed to introduce the game of volleyball in an enjoyable atmosphere. Basic fundamentals of passing and serving will be emphasized.

## SESSION 2: Girls entering 5<sup>th</sup> – 6<sup>th</sup> Grade

**Date: July 26-29 (Monday-Thursday) Time: 9:00-11:00 a.m.**  
**(\$50/Camper)**

The 5<sup>th</sup> – 6<sup>th</sup> Grade Volleyball Camp has been designed to introduce the game of volleyball in an enjoyable atmosphere. Basic fundamentals of passing and serving will be emphasized.

## SESSION 3: Girls entering 7<sup>th</sup> – 8<sup>th</sup> Grade

**Date: July 19-22 (Monday-Thursday) Time: 9:00 a.m.-Noon**  
**(\$65/Camper)**

The 7<sup>th</sup> – 8<sup>th</sup> Grade Volleyball Camp has been designed to improve basic fundamentals. Proper technique will be the emphasis.

## SESSION 4: Girls entering 7<sup>th</sup> – 8<sup>th</sup> Grade

**Date: July 12-15 (Monday-Thursday) Time: 1:00-4:00 p.m.**  
**(\$65/Camper)**

The 7<sup>th</sup> – 8<sup>th</sup> Grade Volleyball Camp has been designed to improve basic fundamentals. Proper technique will be the emphasis.

## SESSION 5: Girls entering 9<sup>th</sup> – 10<sup>th</sup> Grade

**Date: July 12-15 (Monday-Thursday) Time: 9:00 a.m.-Noon**  
**(\$65/Camper)**

The 9<sup>th</sup> – 10<sup>th</sup> Grade Volleyball Camp will focus on developing established skills. Instruction includes drills and intense scrimmage situations.

✂

**REGISTRATION:** Participant's First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Date of Birth \_\_\_/\_\_\_/\_\_\_  Male  Female T-Shirt:  YS  YM  YL  AS  AM  AL  AXL

Parent's First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Work Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ E-mail \_\_\_\_\_

**EMERGENCY CONTACT:** (other than parent) \_\_\_\_\_ Phone \_\_\_\_\_

Special Concerns (Medical, etc.) \_\_\_\_\_

- Session 1 – 5<sup>th</sup>-6<sup>th</sup> Grade Volleyball (pm)
- Session 2 – 5<sup>th</sup>-6<sup>th</sup> Grade Volleyball (am)
- Session 3 – 7<sup>th</sup>-8<sup>th</sup> Grade Volleyball (am)
- Session 4 – 7<sup>th</sup>-8<sup>th</sup> Grade Volleyball (pm)
- Session 5 – 9<sup>th</sup>-10<sup>th</sup> Grade Volleyball (am)

|  |
|--|
| <p><b>Checks payable to:</b> Highland Athletics<br/><b>Mail to:</b> Highland College, Attn: Pete Norman, Camp Director<br/>2998 W. Pearl City Road, Freeport, IL 61032</p> |
|--|

**PARENTAL AGREEMENT:** I hereby request that you enroll my child \_\_\_\_\_ in the 2010 Highland Community College Sports Camps. I hereby release the HCC Board of Trustees and its employees of all claims on account of any injuries that may be sustained by my child while attending the 2010 Sports Camps. Additionally, I agree to indemnify the HCC Board of Trustees and its employees for any claim that may hereafter be presented by my child as a result of such injuries.  
Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_