

# Equine Courses

## Fall 2010 Weekend Clinics

### About the Lead Instructor:

#### Anki Fockstedt

- 30 years experience with Swedish Riding Schools
- Certified Riding School Master in 2008
- Experience as an Equine Sports Massage Specialist since 1995
- Ms. Fockstedt's teaching focus is on the importance of companionship between horse and handler



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Designed to offer something for every equine enthusiast, these credit courses cover topics from the basics of horse handling to the science of equine sports massage and stable management. Both theory and real world practice will be incorporated to bring the world of equine science to life. Courses are offered on the HCC campus and Country View Equestrian Center. Visit [www.countryview-equestrian.org](http://www.countryview-equestrian.org) for directions.

**For course specific information:**  
email [anki.fockstedt@highland.edu](mailto:anki.fockstedt@highland.edu). **To register for Equine Courses:** call HCC at 815.599.3414

### Horse Safety

Have you ever wondered what you have to consider for you and the horse to be as safe as possible? Here is a way for you to be informed in secure handling methods and also to get an idea of an environment that is as safe as possible for a horse and its handler. Class size is 10.

3855 WFD 048 CCC

Date: November 14  
Day: Sunday  
Time: 1:00 p.m.-4:00 p.m.  
Location: Country View Equestrian Center  
2192 Clarno Rd., Monroe, WI  
Cost: \$50  
Instructor: Fockstedt

### A Bit of Horse Massage

Come on- take a step into the world of Horse Massage! Perfect opportunity if you are curious and interested to know more what horse massage is all about. These hours will give you an idea of how, when and why to massage. You will also practice an easy, short massage. Class size is 10.

3856 WFD 048 ECC

Date: October 17  
Day: Sunday  
Time: 1:00 p.m.-4:00 p.m.  
Location: Country View Equestrian Center  
2192 Clarno Rd., Monroe, WI  
Cost: \$50  
Instructor: Fockstedt

### Equine Communication

These two afternoons will give you a glimpse of your possibilities to communicate with a horse. The first Saturday afternoon you will practice communication and also receive methods to improve your skills until we meet for the second Saturday afternoon a month later. Class size is 10.

3853 WFD 048 ACC

Date: October 16 and November 13  
Day: Saturday  
Time: 1:00 p.m.-4:00 p.m.  
Location: Country View Equestrian Center  
2192 Clarno Rd., Monroe, WI  
Cost: \$115  
Instructor: Fockstedt

### Horse Handling and Riding

Here is your chance to try out horse handling and riding with an experienced school horse and have fun at the same time. You will learn some basics and experience how to groom, handle, mount and ride a horse. No previous experience is required. Class size is 6.

3854 WFD 048 BCC

Date: September 19  
Day: Sunday  
Time: 1:00 p.m.-4:00 p.m.  
Location: Country View Equestrian Center  
2192 Clarno Rd., Monroe, WI  
Cost: \$50  
Instructor: Fockstedt